

Newsletter



Chittaway Bay Public School



Valuing excellence in education & people who are nice to know

Phone: 4388 2188 email: chittaway-p.school@det.nsw.edu.au

SCHOOL, HOME & COMMUNITY – PARTNERS IN LEARNING

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DATES TO REMEMBER – TERM 2 – 2016 – WEEK 8

Wed 15 June	P&C Disco Pyjama Party Theme \$5 at the door K-2 4.30pm – 5.45pm 3-6 6.00pm – 7.30pm
Fri 17 June	P&C meeting 9.15am
Fri 24 June	Sydney North Cross Country
Fri 1 July	PBL Assembly
Sat 2 July	P&C Election Day BBQ and Cake Stall
July 4-18	School Holidays
Tues July 19	Students return
25-28 July	Book Week Book Fair Book Parade – Australian Story
Fri 19 Aug	Tuggerah Lakes Zone Athletics Carnival
22-26 Aug	Education Week
Mon 12 Sept	Sydney North Athletics Carnival
8-11 Nov	Bathurst Yrs 5 & 6 \$432.20
9-11 Nov	Aussie Bush Camp Yr 4 & 2/6S \$271

K-2 ASSEMBLY Friday 12.20pm – no class item

SCHOOL NEWS

Well the day has finally arrived (yeh!!!!) Mrs Goodwin begins as Principal of Chittaway Bay today. We are delighted by her arrival and look forward to her contributions to our school life. She has experience in many of the programs we are running at our school, for example Positive Behaviour for Learning (PBL) and Advancement Via Individual Determination (AVID), Literacy, Language and Learning (L3) and Focus on Reading (FoR). She also has a background in Special Education and will bring with her a wealth of knowledge concerning students with special needs – both in the support and mainstream classes. Therefore, the whole school community would like to take this opportunity to welcome Mrs Goodwin, to our wonderful school.

How wonderful to see so many parents at school on Friday, for our PBL Assembly. We were all impressed by the number of students who achieved their Bronze Awards for demonstrating Respect, Responsibility, Safety and Engagement. We look forward to more recipients at the Week 10 PBL Assembly.

3/4P

A huge apology to parents of 3/4P students who were unable to receive their PBL awards on Friday. As Miss Pollock was away, we were unable to locate her awards and so they will be handed out at the next PBL Assembly in week 10.

MORE ON GROWTH MINDSET.....

A couple of weeks ago, I wrote about the need for children to empower themselves by changing from a fixed mindset to a growth mindset. Dr Jackie Gerstein has written books on developing a growth mindset and she suggests these 9 effective questions to help students develop this skill:

1. Did I work as hard as I could have?
2. Did I set and maintain high standards for myself?
3. Did I spend enough time to do quality work?
4. Did I regulate my distractions and temptations in order to complete my work?
5. Did I make good use of available resources?
6. Did I ask questions if I needed help?
7. Did I review and re-review my work for possible errors?
8. Did I examine best practices for similar work?
9. Is my work something of which I am proud - that I would proudly show to a large audience?

Of course, these questions would have to be modified for the age of each child, but they are a scaffold to aid children to achieve their best.

PAYMENTS ON LINE – PLEASE DO NOT USE THIS FACILITY

With the installation of the LMBR, we will be introducing the facility for parents/guardians to make payment on line. You may see this option available on our webpage, however, **please DO NOT use this facility. Parents will be notified when it is up and running.** Thank you to everyone for your assistance in this matter.

THE IMPORTANCE OF OUTDOOR PLAY

Recently I have read several articles about the amount of screen time that is appropriate for children. It is important that our students become confident users of technology, however, it's also important that they spend time outdoors, engaged in active play. The following article from the School A-Z website has some ideas about the importance of time outside.

Today's kids spend far less time outdoors. It's an obvious and pronounced difference to when most of us were younger, and it's beginning to attract the attention of academics and educators, worried that all this time away from the natural world may be causing serious problems.

The phenomenon has even been given its own catchy title, "Nature Deficit Disorder", coined by American journalist and co-founder of the Children and Nature Network, Richard Louv.

"Within the space of a few decades, the way children understand and experience nature has changed radically", says Richard in his book *Last Child in the Woods*.

"The polarity of the relationship has been reversed. Today, kids are aware of the global threats to the environment but their physical contact, their intimacy with nature, is fading."

"A kid today can likely tell you about the Amazon rainforest, but not the last time he or she explored the woods in solitude or lay in the field listening to the wind and watching the clouds move."

But does it really matter if youngsters are spending more of their time indoors on computer games or in cars being shuttled everywhere by their parents, rather than climbing trees and catching cicadas?

According to a growing body of academic evidence, the answer is a resounding "yes".

Spending time outside, ideally in unstructured play, can

- Help combat obesity in children;
- Increase self-esteem and resilience;
- Improve academic performance;
- Improve social skills;
- Help with problems such as attention deficit disorder;
- Gain valuable nutrients from sunlight (although care should be taken to avoid sun damage).

What are the conclusions of these studies?

- Children spend far less time outdoors than they used to;
- Unstructured time outside is important for children's development;
- Many parents say they're fearful of letting their kids play outside, but they can develop strategies to give their kids 'safe' outdoor time;
- School are helping kids to reconnect with nature.

VARIATION OF SCHOOL ROUTINES

Wednesday – 15th June – Leadership Meeting – 7.30am – Ms Wolfe and Mrs Hall
Boy's AFL Gala Day- Mr Macdonald
P & C Disco – K to Year 3 – 4.30-5.45
Year 4 to Year 6 – 6.00-7.30pm
Numeracy Hub – 3.30pm-5.00pm – Mrs Docherty

Thursday – 16th June – Focus on Reading Training – Mrs Docherty – all day in Sydney
5 students from Year 6 attending transition activities on Art and Music at the High School
Boy's Soccer – Mr Spier

P&C DISCO - please wear your pyjamas or onesies

The theme will be Pyjama party, Wednesday 15th June in the school hall. Entry cost includes popper and packet of chips.

Kindergarten to Yr 2, 4.30pm – 5.45pm
Yr 3 to Yr 6 6pm – 7.30pm

Cost: \$5 per child, \$10 per family. Please pay at door on the night.

ENTERTAINMENT BOOKS - \$60

This year the P&C are selling the Central Coast/ Newcastle Entertainment Book and App. These have over \$20,000 worth of offers for hotels, travel attractions, dining, shopping and more. 20% of every book or app sold will be donated to our school so have a look at the brochure included in this newsletter. Thank you for your support.

P&C BBQ ELECTON DAY

Helpers are needed for our election day BBQ on Saturday the 2nd July. Please fill out the slip below if you are able to spare an hour.

We are also now taking donations of non perishable baking goods for our cake stall. If you have anything you would like to donate please drop it off to the office.

Suggestions for donations: Flour, Gluten Free Flour, Sugar, Cocoa, Sprinkles, Cupcake patty pans, baking powder.

P&C ELECTION DAY BBQ AND CAKE STALL HELP

I am able to help on the Election Day BBQ and/ or Cake stall.

Name: _____

Phone: _____

Time available to help: _____

MERIT AWARDS

Congratulations to the following students who have reached '10 Merit' Award:

Charlotte Geary, Jayden Hilton, Jackson Streloff, Ayla Kulenovic, Parker Anderson, William Dewell, Phoebe Eliassen, Archie Hall, Isla Howard, Tahlia Kenning, Rhiana Nicholson, Hayley Van Drempt, Skye Van Drempt, Jasmine Leha, Lauren Selfridge, Sophie Tubnor, Kyla Grounsell, Ellie Mylonas, Tyler Palmer, Jake Reynolds, Brenden Seo, Charlotte Blissett, Blayze Hoad, Violet Leha, Olliana Pearson

Congratulations to the following students who have reached '15 Merit' Award:

Emma Whitney, Amelie Adams, Emily Stewart

PBL BOOK AWARDS sponsored by Wiseberry Real Estate
Tumbi Umbi, Lakedge and The Entrance.



Jamie-Lee, Darcee, Kiara

Book Club Orders- IMPORTANT

LOOP orders go to : <http://www.scholastic.com.au/LOOP>

If you are unsure how to do LOOP, please see Mrs Nankivell in the library office on Thursdays or go to the following link for instructions:

http://www.scholastic.com.au/schools/bookclub/assests/pdfs/LOOP_How_to_4.pdf

Anne Bailey

Teacher Librarian

CANTEEN ROSTER TERM 2 – Week 8

Wed 15.6: K Donnelly, T Dafter, A Hancock
Thurs 16.6: K Donnelly, W Hawkins
Fri 17.6: K Donnelly, W Hawkins, K Adams

Mon 20.6: CLOSED
Tues 21.6: K Donnelly, N McCarroll

Please phone Karen Donnelly on 4388 4006 or the Canteen on 43885950

Closed in shoes must be worn at all times in the canteen. Thongs and sandals are not allowed due to Health and Safety regulations.

SCHOOL BANKING

Unfortunately the Flying Snake Tail is not available, we are unable to order this item.

SCHOOL EXEMPTIONS/HOLIDAYS

If you are thinking of going on holidays during the school term, The Department of Education and Communities (DEC) has introduced procedures for registering 'Exemption from School' requests.

From the beginning of 2015, family holidays and travel are no longer considered under the Exemption from School Procedures. Travel outside of school holiday periods needs a Certificate of Extended Leave – Travel available from the school. While on vacations, parents may be asked to produce this certificate to ensure a child's leave-from-school has been authorised.

A Principal should accept a reason for travel during school term if it is in the best interests of the student, such as educational, social and participation reasons. This also includes family business, bereavement or other reasons, which should be specified on the application.

On accepting a parent's application, a Certificate of Extended Leave – Travel must be issued. This certificate is provided to the parent. A Principal may decline to accept a parent's Application for a Certificate of Extended Leave – Travel and then the parent will be advised in writing.

Travel outside of the vacation period will count as an absence on your child's school report.

THE UNIFORM SHOP

Open Fridays at 8.45 – 9.30am (school term only)

In the community room – Lay-bys available

Orders and money, marked "Uniform Shop" may be placed in the box in the Office. These orders will only be filled on the Friday of that week. Complaint / suggestion slips should also be placed in the box.

Girls may not wear shorts as uniform.

Our uniform is black shoes, no coloured laces etc, please!

CAMP AUSTRALIA – Before and After School Care

Coordinator – Ashleigh Nilsson-Taylor Mobile – 0411 298 352

Program	Times	Full Fee	Final Costs after Government Subsidy
Before Care	6.30am-8.30am	\$15.19	\$4.20 - \$7.60
After Care	3.00pm-6.00pm	\$25.94	\$7.88 - \$12.97

Most families are entitled to between 50% and 85% subsidy

Visit www.campaustalia.com.au

Jo-Anne Whitelaw

Piano – Keyboard Teacher 0411388669

The lessons cost \$18 per lesson, with a small discount for siblings, and run for 45 mins per lesson.

Keyboards will be provided for the lessons, and there will be a fee for the books used in the lessons.

If you are interested in your child taking part in these lessons, please fill out the permission slip below and return to the schools office.

✂

Piano/Keyboard Lessons

School Name: _____

Students Name: _____

Parents Name (Mr/Mrs/Ms): _____

Parents Signature: _____

Phone: _____ Email: _____

R J STIMSON

Chartered Accountant ABN 78 694 488 716

Personal and Professional Service, All Accounting, Taxation and Business Requirements for Individuals, Partnerships, Trusts, Companies and Superannuation Funds.

After Hours Appointments Available

Contact Russell on Ph 4355 4898/ 0422 953 779

Email: russell@rjstimson.com.au

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JUDO CLASSES IN THE SCHOOL HALL

THURSDAYS during Term

3.30-4.15pm: Recreational Kids 5-8yrs

4.30-5.30pm: Recreational Kids 8-11yrs

5.30-6.30pm: Recreational Kids 11-14yrs

6.30-7.30pm: Experienced Kids 8-14yrs

7.30-8.30pm: Adults & Parents

Facebook: [judocentralcoast](https://www.facebook.com/judocentralcoast) Shane: 0410 044 205

\$10.00 per class OR \$90.00 per term



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OURIMBAH SURGERY IS OPEN TO NEW PATIENTS !

Dr. Heather Reid and Ourimbah Surgery would like to announce they are now taking new patient.

We Bulk Bill all Health Care Card Holders, Pensioners and children aged 16 years and under. For enquiries and Appointments please call (02) 4362 3162.

Our friendly staff look forward to welcoming you and your families to our practice!

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If you mention this ad you will receive 10% discount in store.

Go4Fun **DON'T MISS OUT! REGISTER FOR ANY TERM!**
Registrations for Term 3 - 2016 are now open. Place your name on the waitlist to reserve your place on future terms. Get in early and tell us your preferred date and time.

FREE fun program for kids to become fitter, healthier & happier

Help your 7-13 year old child get healthy, active & happy with Go4Fun.

Go4Fun is a 10 week healthy lifestyle program to improve health, fitness, self-esteem and confidence in children above a healthy weight. The program consists of games, activities, tips on healthy food, label reading and portion sizes plus much more!

TERM 3 2016
19/7/2016 - 23/9/2016
Go4Fun programs will be held at:

Gosford Olympic Pool Saturdays 1.30pm-3.30pm Start Date: 23/7/16 End Date: 24/9/16	Peninsula Leisure Centre Thursdays 4pm-6pm Start Date: 21/7/16 End Date: 22/9/16
Mingara Recreation Club Saturdays 1.30pm-3.30pm Start Date: 23/7/16 End Date: 24/9/16	Toukley Aquatic Centre Tuesdays 4pm-6pm Start Date: 19/7/16 End Date: 20/9/16

Go4Fun | FREE CALL 1800 780 900 | www.go4fun.com.au

PROMOTING RECONCILIATION, CULTURAL IDENTITY, EDUCATION AND SPORT



JULY 12 - 14 2016

FOOTBALL FIVES Lake Macquarie Regional Football Facility 13 Park Rd, Speers Point Tue, July 12 2016	RUGBY LEAGUE 7s Lakeside Sports Complex Leisure Way, Raymond Terrace Wed, July 13 and Thur, July 14 2016	NETBALL -NEW- Raymond Terrace Netball Courts William Bailey St Raymond Terrace Tue, July 12 and Wed, July 13 2016
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For more information, contact: Paula Skinner email: pskinner@pcycnsw.org.au mobile: 0402 206 068

Australian Government Department of the Prime Minister and Cabinet | PORT STEPHENS | NSW | netball | PCYC POLICE CITIZENS YOUTH CLUBS

MYUNA BAY RECREATION CAMPS
KIDS ADVENTURER CAMPS - JULY 2016

Dates:

Program Number : 76465 4 - 8th July 2016 (5 days)

Program Number : 76466 11 - 15th July 2016 (5 days)

Location : Myuna Bay Sport and Recreation Centre

Age group : 7-12 years

Cost : \$340.00 / person

Transport : Private transport only.

Prog. number: As listed above

Booking : Complete an On Line Enrolment form for the program dates wanted
<https://sportandrecreation.nsw.gov.au/events/school-holiday-program>
or
call 13 13 02 have your credit card details ready (Visa, Mastercard).

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DO YOU HAVE A SPARE ROOM?

We are seeking for hosts in this area to host international students now.
Hosts will be paid upwards from \$230 per week.

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<http://homestaynetwork.com.au>

What hosts need:

- A dedicated room for the student;
- Be prepared to provide the student with a cooked dinner most nights and breakfast is self serve each day;
- An interest in other cultures and sharing the Australian way of life.
- All hosts must attain the Working With Children Check, this check is free of charge.

Students are aged 16 to 25 years and are mostly from Asia.